



Your health, our priority

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Keilor Health Centre offers a
range of allied health services
and practitioners. We are open 6
days a week, with a range of
suitable appointments in the
mornings, afternoon and
evenings.



keilor health
centre

Our services:



Osteopathy
Physiotherapy
Remedial Massage
Paediatric
Osteopathy

Opening hours:

Monday 8:00-7:30pm
Tuesday 9:00-7:00pm
Wednesday 9:00-7:00pm
Thursday 9:00-7:00pm
Friday 9:00-6:00pm
Saturday 8:00-1:00pm

CONTACT US

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About Us

Since 2009, Keilor Health Centre has been a trusted family clinic with over 20 years of experience in osteopathy, physiotherapy, remedial massage therapy, and pediatric osteopathy.

We offer effective treatments for a variety of musculoskeletal issues.

Common conditions we may manage include:

- Back and neck pain
- Sports injuries
- Joint pain and arthritic conditions
- Hip pain
- Nerve pain, including sciatica
- Headaches and migraines
- Muscle tension and strains
- Chronic pain
- Pregnancy related issues
- Women's health
- Postural concerns
- Balance and mobility challenges
- Foot and ankle conditions
- Shoulder and elbow problems

Osteopathy

Osteopathy is a wholistic, hands-on, manual therapy that focuses on diagnosing, treating, and preventing musculoskeletal issues. Modalities such as soft tissue massage, joint mobilisation, manipulation and exercise rehabilitation are aimed at improving the function and strength of muscles, joints, and tissues and addressing the underlying causes of pain and tension. Osteopathy is suitable for ages from babies and infants through to the aged community.

Physiotherapy

Physiotherapy helps restore movement and function through targeted physical techniques and exercises. Physiotherapists treat injuries, manage pain, improve mobility, and support recovery from surgery or chronic conditions. A treatment plan is tailored to your individual needs and may incorporate exercise, manual therapy, and posture correction. A physiotherapist may help with musculoskeletal conditions, sports injury, rehabilitation and pelvic and women's health issues.

Remedial Massage

Remedial massage is a therapeutic treatment that targets muscle pain, tension, and injuries. It improves circulation, reduces tightness, improves myofascial tension and supports healing. Massage is often used in conjunction with osteopathy and physiotherapy for chronic pain, sports injuries, and posture issues.

Additional services

Paediatric osteopathy is a gentle, hands-on therapy that supports the healthy development of babies and children by addressing musculoskeletal imbalances.

Women's health Physiotherapy can help with pregnancy related issues including incontinence, pelvic girdle pain and abdominal muscle separation

Referral & rebates



A referral from your GP is not necessary to see any of our practitioners. Rebates are available through private health insurance, Medicare CDM care programs, NDIS, DVA, TAC and WorkCover.

Full payment is required at the time of service - we do not bill third parties.

If you are a pensioner and/or concession card holder, we offer discounted rates for each consultation.

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